



Chiropractic Bio-TuneUps - Lloyd Katz, DC DABCO

www.ChiropracticBioTuneUps.com

3 Pheasant Lane Ithaca, NY 14850

607-319-0813

Dear Patients,

In order for Dr. Katz to do certain remote procedures with you, we will need you to send us DNA samples and a picture. Please follow the instructions below. If you do not have access to sealable baggies and cotton swabs (Q-Tips) at home, we have collection kits available that you can pick up from our office, or we can mail one to you. If you are picking up the collection kit in person, come to the main office entrance at the back of the house. Collection kits are in the large red cooler by the sliding door. The smaller blue and white cooler is for patient DNA sample drop-offs. Please note that both coolers are being regularly disinfected.

The ASYRA unit is designed for remote testing as well as broadcasting balancing frequencies to the client. The DNA and photo are placed on the unit's holding tank and the rods are placed in a specially designed blocker that does not require them to be held. This takes the operator out of the circuit. There is also a remote test that tells me how long to broadcast the frequencies, so the client can start benefitting immediately and will jumpstart the healing process before the remedies are received. This is similar to using the imprinted laser in the office. If you want to understand the quantum physics that makes this possible, look up "quantum entanglement".

When using the DNA for the Wholistic Methylation or Total Body Modification test kits, a surrogate holds your DNA/picture while Dr. Katz does the muscle response testing on the surrogate. He has done a number of experiments to check the validity of this technique, and the results are the same regardless of whether he's testing someone directly or using a surrogate and your DNA. The surrogate and Dr. Katz are rechecked daily to make sure they are methylating optimally and test clear on the test kits. Please let us know if you have any questions. I have been doing remote work with many long distance cases for the past 5 years, and the results have been outstanding. Take precautions, but I want you to also feel comforted that I have very effective strategies to keep you healthy during this challenging time.

In Health,

Lloyd Katz DC, DABCO, CWMP

DNA Sample Collection Instructions

1. **Photo:** Please send a recent photo of yourself along with the DNA samples listed below. It's best to take a selfie and print it out to include in the envelope. OR Alternative method – email your recent photo to lloydkatzdc@icloud.com.
2. **Hair Collection:** Preferable method – cut a small amount of hair close to the root, from the neck area. OR Alternative method – hair collected from fallout from washing or brushing is acceptable. Place the collected sample in a clear zip-lock baggie and label it with your name and the date collected.
3. **Nail Collection:** Cut some fingernails and toenails. Place the clippings in a zip-lock baggie and label it with your name and the date collected.
4. **Urine Collection:** The first time you urinate after 3:00am, collect some urine on a cotton swab. Place the swab in a clear zip-lock baggie and label it with your name and the date collected.
5. **Saliva Collection:** First thing in the morning, before eating, drinking or brushing your teeth, swab the inside of your cheek with a cotton swab. Place the swab in a clear zip-lock baggie and label it with your name and the date collected.
6. **Supplement Testing:** If you have any supplements you would like tested to determine if they're beneficial, include a sample (1 tablet, capsule or 1/4 tsp of powder). Wrap each tablet in a small piece of paper with the name of the supplement written on it, then tape the paper closed to secure the tablet.
7. **Mailing / Drop-off:** Please wipe off all bags with a disinfectant, like rubbing alcohol or white vinegar, and place all the baggies with your collected samples into a larger sealable bag, label it with your name and the date, and drop it off or mail it to us within 24-48 hours of collection (address above). Patient DNA drop-offs can be left in the smaller blue and white cooler by the main entrance to the practice (at the back of the house). Call the office at 607-319-0813 once you have dropped it off.